



## Exercise: Advantages and disadvantages

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### Objective

You will understand what advantages and disadvantages your actions have in relation to your life in the short and long term.

### Instructions

Consider the advantages and disadvantages using the below picture. Either think of an answer to each point or write the answers in the boxes below.

Advantages are all the positive things that your interest and actions have contributed to your life. Disadvantages, on the other hand, are the things that you feel impact your life negatively.

Short term refers to what happens immediately as you act or takes place no more than a few months in the future. Long term refers to a period ranging from two months to several years in the future.

Once you have considered the matter, look at the balance of advantages and disadvantages.

- Are there more advantages or disadvantages?
- What do you think your life will be like in a year or five years if you don't change your actions that sexualise children?

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Advantages  
in the short term

Disadvantages  
in the short term

Advantages  
in the long term

Disadvantages  
in the long term



Advantages in the short term	Disadvantages in the short term
Advantages in the long term	Disadvantages in the long term